

## Tips for a Safe Clean-Up

1. Take along a light-weight backpack to carry litter bags and other items you may need.
2. If you're the coordinator of a group, putting a first-aid kit in your backpack might be a good idea.
3. Be sure to wear gloves when taking part in a litter clean-up.
4. Wear protective footwear such as rubber boots or sturdy shoes. Flip-flops or sandals are not recommended!
5. Wear bright colored clothing or a safety vest when cleaning near a road or in the ditch.
6. Wear a hat or visor to protect your head/eyes from the sun.
7. Apply sunscreen to your face, neck and arms and carry extra with you.
8. Apply bug spray and carry extra with you.
9. Take along water in a non-breakable container.
10. Work in pairs, if possible; children should always be supervised by an adult.
11. Remind children that they should NEVER pick up broken glass or needles and to let an adult know where they have found these items.
12. When picking up shopping bags or fast food bags which may contain hidden items, don't open them; place the bag and the contents in the litter bag.
13. ALWAYS WASH HANDS OR USE SANITIZER WHEN FINISHED!

PICTOU COUNTY  
GET CLEAN  
GET GREEN



