

# ALL ABOUT COMPOST!

## What is composting?

Composting is nature's way of recycling organic matter and nutrients back into the soil for use by new and growing plants. Food scraps, yard waste and other organic materials are broken down with the help of micro-organisms and turned into compost, a rich soil amendment.

## Curbside Composting

**What's In:** All food waste, soiled napkins, paper towels, coffee filters, pizza boxes, cat litter, yard waste etc. Please refer to the sorting guide for a complete list.

### What's Out:

Please do not put ashes, cigarette butts, plastic, foil, plasti bags labelled "biodegradable/compostable, metal, glass.

## What are the benefits of composting?

Composting reduces the amount of waste going to landfills and it produces a usable soil amendment that helps improve the fertility of soil! Compost also helps to stop erosion, prevents disease and weeds, improves soil aeration and more!

## Backyard Composting

Backyard composting can be done in an open pile, a wooden bin or you may decide to purchase a backyard composter or try vermicomposting. Remember to balance your 'greens' (fruit, vegetables etc) with 'browns' (leaves, twigs, paper). You should have 2 parts browns to 1 part greens.

**Avoid:** meat and bones, fats & oils, weeds that have gone to seed, dog and cat waste, ashes or cigarette butts, all dairy products, diseased plants.

**NEED HELP? CALL OUR HOTLINE AT (902) 396-1495**

**LOOKING FOR COMPOST? WE SELL IT ALL YEAR ROUND!**